

Doctors Say: "Take Iron."

For building up weak, nervous, run-down people, doctors prescribe iron. It is the greatest blood purifier and strengthener known and, taken in proper quantities, it builds up the body like nothing else can. But many of the iron preparations before the public contain too little iron; many of them contain from 10 to 25 per cent. of alcohol, and alcohol counteracts the efficiency of the iron.

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is free from the presence of alcohol. It is obtained from the only medicinal iron mineral deposit of its kind known to the world; a pure, natural iron product, free from the drug of the chemist and the "dope" of the pill maker.

In addition to three forms of natural iron Acid Iron Mineral contains magnesium, potassium, sodium and calcium, medical properties which your doctor prescribes for indigestion, dyspepsia, constipation, and many ailments arising from a disordered stomach. As a general tonic it comes closest to the ideal, making rich, pure blood and toning up the system and weak organs to normal.

Be sure you get Acid Iron Mineral; ask for it by name. Look for the A-I-M trade mark, it is your guarantee of a pure, concentrated, efficient, economic iron product. At all reliable druggists or the Ferrodine Chemical Corp., Roanoke, Va., \$1 per bottle prepaid. (adv-f-tf)

SENATOR JAMES GETS BIG VOTE IN PRIMARY.

United States Senator Ollie M. James received over 10,000 more votes in the August primary than both the Republican candidates, notwithstanding the fact that W. Preston Kimball, the other candidate for the Democratic nomination, made no campaign and openly declared for Senator James, and the Republican candidates contested bitterly for the nomination.

In 115 of the 121 counties, Calloway, Carter, Casey, Floyd and Fulton still being out. Senator James received 49,825 votes. The combined votes of former Secretary of State Ben L. Bruner and Judge B. J. Bethurum, of Somerset, in the Republican primary were 39,311. Kimball received 3,669 votes, giving Senator James a majority of 46,256. Ben L. Bruner was nominated by the Republicans, receiving 21,256 votes to 18,045 for Bethurum, a majority of 3,211.

Development of water power in Norway has made electricity cheaper than steam in that country.

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Westinghouse Fans

have proved their ability to give the most breeze for the least expenditure, and for this reason are money savers.

Paris Gas & Electric Co. (Incorporated)

FASHION WHISPERS HINTS OF AUTUMN MODES

NEW YORK, Aug. 22.

When the trying hot days of July have passed and the sheer frocks of organdie and voile have served their purpose of keeping many cool during heat, and although they are still appreciated for their admirable effect, they are given second place in the thoughts of their owners and they gracefully abdicate their lofty position in favor of the new fall styles.



Panels a Favorite Feature

Never have women considered their clothes from the angle from which they now scan their wardrobe. As most are doing war work, many pre-war non-essentials such as conservation, practicability and cost are now dominant factors in the determination of the extent and quality of one's wearing apparel.

Another Conservation Measure

A wise person once said, "There is always a way." And Dame Fashion found it by combining materials of silk with wool to reduce the quantity of the latter, in a dress, to its minimum. And promptly to the rescue came the loose-flowing panels which are developed in woolen material, with the greater part of the dress, the waist, skirts and sleeves developed in some silk or satin fabric. And, indeed, those panels are quite the most graceful feature sanctioned by fashion. They tend to give long, slender lines to those who have not that tendency in their figures; in short they are an ideal camouflage. The dress illustrated is developed in navy blue serge with black satin; a combination of high esteem in the prevailing dictates of la mode.

Reappearance of Draped Skirts

History repeats itself, and I'm sure fashion does the same. For lo! the draped skirt is with us again. The smart women in Paris feel increasingly at home in this graceful adaption of the long, narrow, tapering silhouette. Lucile is showing an exceptionally good-looking afternoon dress in gray and red brown marquisette, with a collar and vest of white organdie, and the skirt is draped up tight on the left side. The peg-top is another phase of the draped skirt which is being shown extensively just now. This particular style seems to have a saucy individ-



A Tendency Toward the Peg-Top Effect

ually about it which sort of solicits then defies your attention. Somehow one must be piquant to wear it.

A NERVOUS BREAKDOWN

Miss Kelly Tells How Lydia E. Pinkham's Vegetable Compound Restored Her Health.

Newark, N. J.—"For about three years I suffered from nervous breakdown and got so weak I could hardly stand, and had headaches every day. I tried everything I could think of and was under a physician's care for two years. A girlfriend had used Lydia E. Pinkham's Vegetable Compound and she told me about it. From the first day I took it I began to feel better and now I am well and able to do most any kind of work. I have been recommending the Compound ever since and give you my permission to publish this letter."—Miss FLO KELLY 476 So. 14th St., Newark, N. J.

The reason this famous root and herb remedy, Lydia E. Pinkham's Vegetable Compound, was so successful in Miss Kelly's case was because it went to the root of her trouble, restored her to a normal healthy condition and as a result her nervousness disappeared.

A pleated panel of contrasting material at the front of the skirt trims the peg-top dress illustrated, which is developed in satin and Georgette.

An Indispensable Comfort

When women found themselves working in canteens and standing the most part of the day, they immediately came to the conclusion that high French heels were not the last word in comfort. So they wrapped up their pride completely in their wiser judgment, and betook upon themselves the low military heels. These were found so comfortable and desirable that their adoption was instantaneous and permanent. So popular have they proven that one sees them exclusively for street wear and even with afternoon dresses, with high heels making their appearance only at some particular occasion.

Simple Coiffures

Oh, the joy of a season of straight, smooth, hair dressing! The woman who is not endowed with curly locks appreciates it to the utmost. Gone are the woes of curl papers and hot irons. She may now arrange her hair without the slightest difficulty and always look well. Only those who cannot possibly wear their hair other than waved should cling to the costume. High coiffures are favored and the loose pompadour is appearing again. The uncovering of the ears is an excellent opportunity to display attractive earrings. The shops are showing some very odd and clever designs and stones unheard of before are making their appearance.

CATARRHAL DEAFNESS CANNOT BE CURED

By local applications, as they cannot reach the diseased portion of the ear. There is only one way to cure catarrhal deafness, and that is by a constitutional remedy. Catarrhal deafness is caused by an inflamed condition of the mucous lining of the Eustachian Tube. When this tube is inflamed you have a rumbling sound or imperfect hearing, and when it is entirely closed, deafness is the result. Unless the inflammation can be reduced and this tube restored to its normal condition, hearing will be destroyed forever. Many cases of deafness are caused by catarrh, which is an inflamed condition of the mucous surfaces. Hall's Catarrh Medicine acts through the blood on the mucous surfaces of the system.

We will give One Hundred Dollars for any case of Catarrhal Deafness that cannot be cured by Hall's Catarrh Medicine. Circulars free. All Druggists, 75c.

F. J. CHENEY & CO., Toledo, Ohio. (adv-aug)

TO REMOVE A SPLINTER.

To remove a splinter from the hand, fill a wide-mouthed bottle nearly full of hot water, says the Popular Mechanics. Thrust the injured part over the mouth and press it slightly. The flesh will be drawn down and shortly the splinter will be exposed under the action of the steam. This method is far better than the common and dangerous practice of picking the flesh with a pin or knife point. The usual antiseptic solution should be applied.

THE BEST PLASTER.

A piece of flannel dampened with Chamberlain's Liniment and bound on over the seat of pain is often more effectual for a lame back than a plaster and does not cost anything like as much. (adv-aug)

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